



IN ORDER TO RECEIVE YOUR BEST PILATES EXPERIENCE, WE ASK THAT YOU FOLLOW THE FOLLOWING CONSIDERATIONS:

- Please arrive to class 5 minutes early
- Please silence your cell phone until class is over
- Please complete your 3 private sessions for new clients prior to starting classes

Attire:

In Pilates you may find your bodies in precarious positions, so we recommend wearing fitted, secure and comfortable workout attire. Men please wear supportive gear.

Studio Area:

We like to consider that our studio is far cleaner than any gym, so we ask that you clean your equipment, toys and mats after every class.

Expirations:

All of our packages have an expiration date, so please check your purchased package as the expiration periods differ.

Inclement Weather:

We generally will follow the Oklahoma City public school cancelations however, please check our website, your email and Facebook, for the most current and accurate notifications.

Cancellation Policy:

To help us keep our attention and focus on our clients, we follow a firm 24-hour cancellation policy. You can cancel at any time using our online scheduler. If the cancellation is made less than 24 hours in advance, you will be charged for the full amount of your class or appointment.

ALL OF US HERE AT PILATES ON WESTERN WANT TO THANK YOU FOR YOUR COMMITMENT TO PILATES, HEALTH AND WELLNESS. IN RETURN, WE WILL CONSISTENTLY GIVE YOU OUR FULL FOCUS, ATTENTION AND EXPERTISE FOR EACH MINUTE YOU SPEND WITH US.